

# THE TRUTH ABOUT ACEs

## WHAT ARE THEY?

ACEs = ADVERSE  
CHILDHOOD  
EXPERIENCES

*The three types of ACEs include*

### ABUSE



Physical



Emotional



Sexual

### NEGLECT

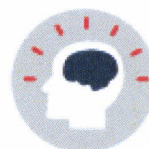


Physical



Emotional

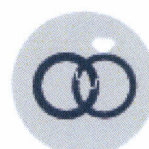
### HOUSEHOLD DYSFUNCTION



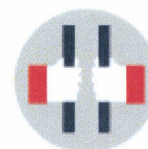
Mental Illness



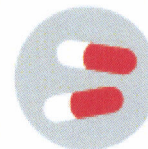
Mother treated violently



Divorce



Incarcerated Relative



Substance Abuse

# HOW PREVALENT ARE ACEs?

*The ACE study\* revealed the following estimates:*

## ABUSE

Sexual Abuse 28.3%

Physical Abuse 20.7%

Emotional Abuse 10.6%

percentage of study participants  
that experienced a specific ACE

## NEGLECT

Emotional Neglect 14.8%

Physical Neglect 9.9%

## HOUSEHOLD DYSFUNCTION

Household Substance Abuse 26.9%

Parental Divorce 23.3%

Household Mental Illness 19.4%

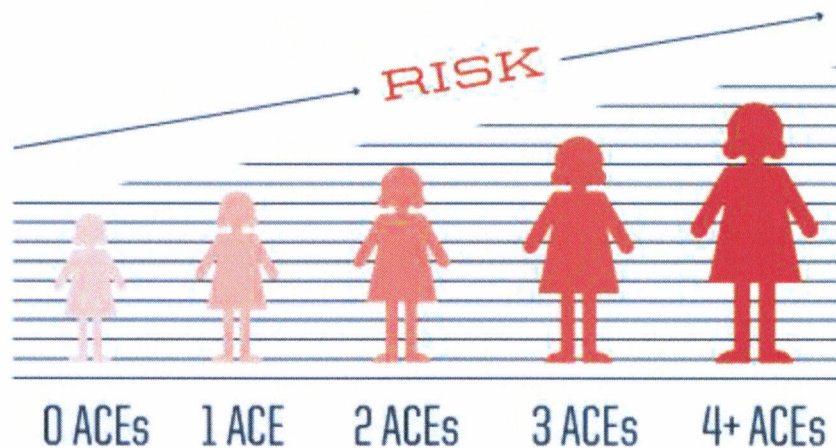
Mother Treated Violently 12.7%

Incarcerated Household Member 4.7%



# WHAT IMPACT DO ACEs HAVE?

*As the number of ACEs increases, so does the risk for negative health outcomes*



*Possible Risk Outcomes:*

## BEHAVIOR



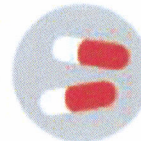
Lack of physical activity



Smoking



Alcoholism



Drug use



Missed work

## PHYSICAL & MENTAL HEALTH



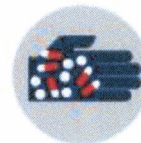
Severe obesity



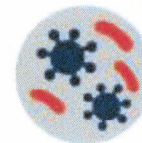
Diabetes



Depression



Suicide attempts



STDs



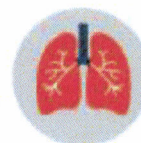
Heart disease



Cancer



Stroke



COPD



Broken bones